Dear Athens Neighbors.

With the spread of the COVID-19 virus threatening us all and basically shutting down day-to-day life in the region, the Athens Emergency Committee is concerned about neighbors in Athens who are elderly, infirm or living alone.  Are you or someone you know in Athens who is unable to get out for supplies or lacking a neighbor who is looking out for you?

Anyone in Athens unable to get out who is in need of assistance with **food shopping, picking up prescriptions, or who needs heat,** call Tim Stevenson  of the Emergency Committee at 869-2141.

Please share this message with your neighbors and other town residents. Also, anyone who would like to help the Emergency Committee help our neighbors, please get in touch with Tim. Your participation would be most welcome.

With this virus having now spread into Vermont we all need to do our part in the attempt to stop its spread. Please do not gather in groups. When around people outside of family maintain a 6 foot space between you and others. If you have a dry cough, trouble breathing and a fever stay home away from all people. And most of all wash your hands often! Washing for 20 seconds is the time it takes to sing Happy Birthday 2 times.

We thank you for your help in this time when extreme caution is needed to save lives.